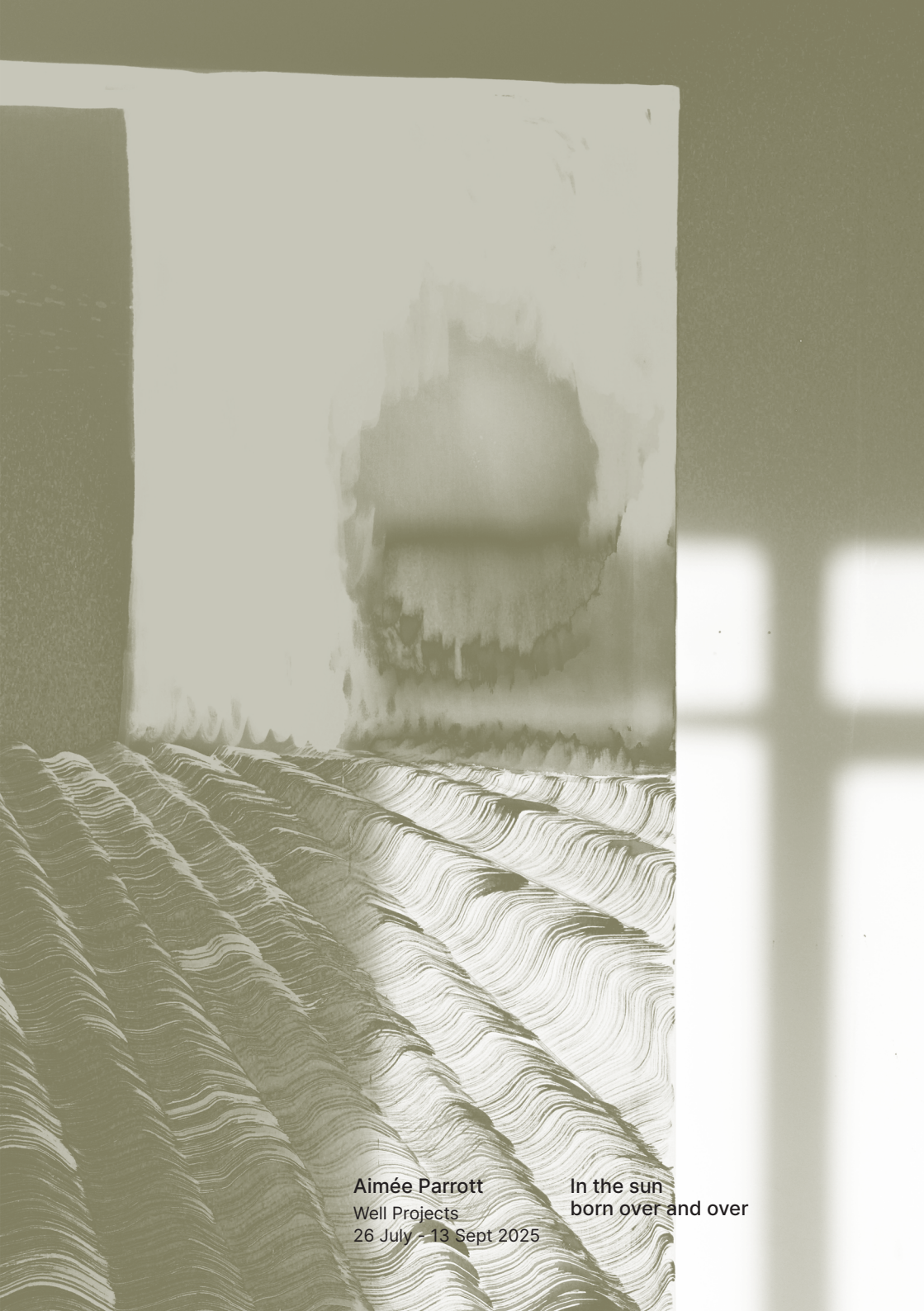

Aimée Parrott
Well Projects
26 July - 13 Sept 2025

In the sun
born over and over

Well Projects are excited to announce ‘In the sun born over and over’, a solo exhibition by Brighton-based artist Aimée Parrott. For her first exhibition with the gallery, Parrott will present a series of works that come from tangential exploration in the studio.

Though I am primarily a painter, in the studio I frequently find I am suppressing the impulse to experiment with a wider range of materials and references. On finishing a body of work I often attempt to learn a new skill or craft in order to disrupt well established routes and patterns within my practice. Elements of these processes; quilting, applique, book binding - to name a few examples - have slowly filtered into and fed my paintings over the years.

More recently with a studio based at home and a practice frequently interrupted by my caregiving responsibilities, my attention has turned to creating objects that make reference to domesticity, care, and functionality as the boundaries between life and work wear thin and often collapse. This exhibition will focus on pieces that hover between painting, sculpture, installation and textile.

Aimée Parrott, 2025.

Aimée Parrott (b.1987) lives and works in Brighton. Parrott graduated from Royal Academy schools in 2014. In 2024 Parrott’s work was included in the Arts Council Collection. Recent exhibitions include: ‘Softly radiant, half buried’, curated by Martyn Cross (2025), Marianne Boesky Gallery, New York. ‘Thread Suns’ (2025), a two person show at Lone & Mann, London. ‘Thresholds’ (2025), Larsen Warner, Stockholm. ‘Unreal City’, curated by Sam Cornish (2024) Saatchi Gallery, London. ‘Waterborne’, (2023) Parafin Gallery, London.

For enquiries and a full works list please email: hello@wellprojects.xyz